

STAR Events Information

*** Virginia chapters may have two entries in each category at the 2018 state competition*

National STAR Events	Junior (through grade 9)	Senior (grades 10-12)	Occupational (grades 10-12)
Advocacy	•	•	•
Applied Math for Culinary Mgmt.			•
Career Investigation	•	•	•
Chapter Service Project Display	•	•	•
Chapter Service Project Portfolio	•	•	•
Chapter in Review Display	•	•	•
Chapter in Review Portfolio	•	•	•
Culinary Arts			•
Early Childhood Education			•
Entrepreneurship	•	•	•
Environmental Ambassador	•	•	•
Fashion Construction		• **	• **
Fashion Design		• **	• **
Focus on Children	•	•	•
Food Innovations	•	•	•
Hospitality, Tourism and Recreation		•	•
Illustrated Talk	•	•	•
Interior Design		• **	• **
Interpersonal Communications	•	•	•
Job Interview		•	•
Leadership		• **	• **
Life Event Planning	•	•	•
National Programs in Action	•	•	•
Nutrition and Wellness	•	•	•
Parliamentary Procedure	•	•	•
Promote and Publicize FCCLA!	•	•	•
Recycle and Redesign	•	•	•
Say Yes to FCS Education		•	•
Sports Nutrition	•	•	•
Teach and Train	•	•	•
State STAR Events – Live			
Classic Knife Cuts & Chicken Fabrication			•
State STAR Events – Exhibit			
Culinary Arts Exhibit			•



STAR Events Overview



FACS = Family and Consumer Sciences

★ **Advocacy**-a national individual or team event, recognizes participants for identifying a concern and advocating for the issue in an effort to positively affect a policy or law.

★ **Applied Math for Culinary Management**-a national individual or team event, recognizes participants who use FACS skills to demonstrate the application of mathematical concepts in the culinary arts industry.

★ **Career Investigation**-a national individual event, recognizes participants who perform self-assessments, research and explore a career, set career goals, create a plan for achieving goals, and describe the relationship of FACS coursework to the selected career.

★ **Chapter Service Project**-a national individual or team event, recognizes chapters that develop and implement an in-depth service project that makes a worthwhile contribution to families, schools, and communities. Student(s) must use FACS and/or related occupations skills to address and take action on a community need.

★ **Chapter in Review**-a national individual or team event, recognizes chapters that develop and implement a well-balanced program of work and promote FCCLA and FACS and/or related occupations skills to the community.

★ **Culinary Arts**-a national team event, recognizes participants for their ability to work as members of a team to produce a quality meal using industrial culinary arts techniques and equipment. Participants are currently enrolled, or have been previously enrolled, in a work focus culinary arts training program.

★ **Early Childhood Education**-a national individual event, recognizes participants who demonstrate their ability to use the knowledge and skills gained from their enrollment in a work focus early childhood education program.

★ **Entrepreneurship**-a national individual or team event, recognizes participants who develop a plan for a small business using FACS skills and sound business practices. The business must relate to an area of FACS education or related occupations.

★ **Environmental Ambassador**-a national individual or team event, recognizes participants who address environmental issues that adversely impact human health and well-being, and who actively empower others to get involved.

★ **Fashion Construction**-a national individual event, recognizes participants who apply fashion construction skills learned in FACS courses and create a display using samples of their skills.

★ **Fashion Design**-a national individual event, recognizes participants who apply fashion design skills learned in FACS courses to design and market clothing styles.

★ **Focus on Children**-a national individual or team event, recognizes participants who use FACS skills to plan and conduct a child development project that has a positive impact on children and the community.

★ **Food Innovations**-a national individual or team event, recognizes participants who demonstrate knowledge of the basic concepts of food product development by creating an original prototype formula, testing the product through focus groups, and developing a marketing strategy.

★ **Hospitality, Tourism, & Recreation**-a national individual or team event, recognizes participants who demonstrate their ability to use knowledge and skills gained from their enrollment in a hospitality program to create a hypothetical or real business.

★ **Illustrated Talk**-a national individual or team event, recognizes participants who make an oral presentation about issues concerning FACS and/or related occupations. Participants use visuals to illustrate content of the presentation.

★ **Interior Design**-a national individual or team event, recognizes participants who apply skills learned in FACS courses to design interiors to meet the living space needs of clients.

★ **Interpersonal Communications**-a national individual or team event, recognizes participants who use FACS and/or related occupations skills and apply communication techniques to develop a project designed to strengthen communication in a chosen category.

★ **Job Interview**-a national individual event, recognizes participants who use FACS and/or related occupations skills to develop a portfolio, participate in an interview, and communicate a personal understanding of job requirements.

★ **Leadership**-a national individual event, recognizes participants who investigate their leadership ability and develop a mentorship relationship to further their leadership development.

★ **Life Event Planning**-a national individual or team event, recognizes participants who apply skills learned in FACS courses to manage the costs of an event.

★ **National Programs in Action**-a national individual or team event, recognizes participants who explain how the Planning Process was used to plan and implement a national program project.

★ **Nutrition and Wellness**-a national individual event, recognize participants for determining goals and strategies for improving overall health.

★ **Parliamentary Procedure**-a national team event, recognizes chapters that develop a working knowledge of parliamentary law and the ability to conduct an FCCLA business meeting.

★ **Promote and Publicize FCCLA!**-a national individual or team event, recognizes participants who use communication skills and techniques to educate their schools and communities about FCCLA in order to “grow” chapters and strengthen FACS and FCCLA programs.

★ **Recycle and Redesign**-a national individual event, recognizes participants who apply skills learned in FACS to recycle a used fashion, home, or other post-consumer item into a new product.

★ **Say Yes to FCS Education**-a national individual event, recognizes participants who demonstrate the knowledge and skills needed to explore and experience the career of being a Family and Consumer Sciences educator.

★ **Sports Nutrition**-a national individual or team event, recognizes participants who use FACS skills to plan and develop an individualized nutritional plan to meet the needs of a competitive student athlete in a specific sport. In advance, participants will prepare a sample nutrition and hydration plan based upon nutritional and energy needs of the student athlete.

★ **Teach and Train**-a national individual event, recognizes participants for their exploration of the education and training fields through research and hands-on experience.

State STAR Events

★ **Culinary Arts Exhibit**-a state individual event, recognizes participants for their ability to perform self-assessments, research and explore a career in an area of Family & Consumer Sciences, set career goals, and create a plan for achieving goals. Categories in this event include: Breads, Decorated Cake, Patisserie/Confectionery, and Show Pieces.

★ **Classic Knife Cuts and Chicken Fabrication**-a state individual event, showcases participants' ability to perform knife cuts according to industry standards.

Students may choose to instead participate in one of the following online national events:

★ **Digital Stories for Change**

★ **FCCLA Chapter Website**

Details can be found in the national Competitive Events Guide, presented only online with a possible advancement to national competition, if selected. These events are not run at state competition. Members who enter an online event cannot also enter an event at state competition.