

NATIONAL PROGRAM: FAMILIES FIRST

Submitted by:
City of Fairfax FCCLA
Adviser: Susan von Schaack
2017

FCCLA FAMILY FIRST FREE DINNER INVITATION IN ENGLISH AND SPANISH

YOU ARE INVITED 2 a Families First Dinner

Please join us for a dinner compliments of the
Virginia FCCLA Leadership Foundation

Monday, November 28, 2016
Sydney Lanier Middle School Cafeteria
6:00PM - 7:30PM

Dinner will include hot dog, beverage, chips, and dessert
We will have beef and turkey Halal hot dogs
There will be door prizes from many local merchants

Come celebrate your family and have a meal on us.
Hosted by the City of Fairfax FCCLA
We all hope you come! Bring the entire family!

RSVP: sevonschaack@fcps.edu
by Wednesday, 23 November

ESTAN INVITADOS A Una Cena Familiar

Por favor acompañenos a una cena casual
patrocinada por
Virginia FCCLA Leadership Foundation

FECHA: lunes, 28 de noviembre de 2016
LUGAR: Cafetería de Lanier Middle School
HORA: 6:00 PM - 7:30 PM

La cena incluye hot dog, bebida, papitas, y postre
Tendremos hot dog de carne de res y de pavo "Halal"
Premios de diferentes tiendas locales para los que vengan

Vengan a celebrar su familia
y disfruten de una comida gratuita
cortesía de FCCLA de la ciudad de Fairfax
¡Esperamos que nos puedan acompañar!

Se ruega confirmación de su asistencia a sevonschaack@fcps.edu
a más tardar el lunes, 21 de noviembre

PREPARING THE CAFETERIA FOR THE DINNER



MEMBERS GATHERING MARKERS FOR PLAYING GAMES ON THE TABLES



FAMILIES SERVING THEMSELVES DINNER



THANKS TO A GRANT FROM THE VIRGINIA FCCLA LEADERSHIP FOUNDATION

FAMILIES ENJOYING EACH OTHER'S COMPANY



GIVING OUT DOOR PRIZES USING BAGS OF ELECTRONIC DEVICES AS RAFFLE TICKET



CONTRIBUTORS OF DOOR PRIZES

DONATIONS LIST FOR FCCLA FAMILIES FIRST DINNER:

Chipotle: BOGO for every family that attends

Freddy's: 5 dinner combo cards, sauce,
seasoning & t-shirt

Diner 29: \$25.00 gift certificate

University Mall Theater: 4 passes

Chik-Fila: 3 gift cards

MOD Pizza: 2 gift cards

Walmart: \$25.00 gift card

Giant: \$25.00 gift card

Pot Belly's: 14 free sandwich cards

California Pizza: \$25.00 gift card

Shell: two \$25.00 gift cards

PF Changs: \$40.00 gift card

Subway: \$10.00 gift card

WE HAVE THE SUPPORT OF MANY LOCAL BUSINESSES

WE WERE HONORED TO BE IN TEEN TIMES



Also Inside...

A Close Look at Cyber Interaction
National Programs and YOU
Test Your LifeSmarts
2017 NLC Media Team



Unlimited Possibilities with National Programs

Advisers integrate FCCLA National Programs into the classroom to teach about relevant teen issues and empower members to take action.

AS THE SPOTLIGHT ON FAMILIES FIRST

According to Laura Stravach, 10th grade past-president, "We learned why it was important to sit down as a family and have dinner. There were some conversation icebreakers at the tables and my family uses our own icebreakers now at dinner. Families First helped me become closer with my family."

Current president Sami Saghir had this to say, "I got to greet my fellow chapter members and their families. I was honored as president to talk about my experiences with FCCLA and how I'm becoming a better leader in my community".

"Throughout the dinner, I saw chapter members having a great time with their families without their phones. It made me feel good because we reached our goal for this dinner. At home, we continue our "without electronic devices and interruptions" focus at mealtime," shared Miranda Cespedes, Vice President.

Seventh grader Rachel Chung said, "The FCCLA Families First Night has helped my family think about not using devices while we are eating dinner, so it wasn't just a one-time event."

"Ever since the Families First Dinner, my family has had more dinners together. We also have time during the day when we turn off our electronics and play family games", added Shelby Mysel another 7th grade student.

CITY OF FAIRFAX FCCLA HOSTS FAMILIES FIRST DINNER



On Monday, November 28th, the City of Fairfax FCCLA hosted a Families First Dinner with 86 guests in their school cafeteria. The goals of the dinner were to encourage family time together without electronic devices, enjoy a simple meal, and to share the benefits of the social, emotional, and mental well-being of all family members. The evening was made possible by a grant awarded to the FCCLA from the Virginia FCCLA Leadership Foundation. Invitations in English and Spanish were hand delivered to every family of current and potential FCCLA members at Lanier Middle School and Fairfax High School. As guests arrived for dinner, their electronic devices were collected, secured in brown paper bags with their name, and placed in a large

laundry basket to be used later for a door prize drawing. Guests were seated at tables decorated with FCCLA red and white balloons, bowls of fresh made popcorn, conversation starter strips in English and Spanish and red cups with markers to play games and to draw on the paper tablecloths. At the end of the dinner, every family received a BOGO certificate from the Fairfax Corner Chipotle. The event was a huge success with the principal and assistant principal in attendance.

