

STOP the Violence

HIDDEN VALLEY HIGH SCHOOL

Funding for this project is provided by the Virginia FCCCLA
Leadership Foundation.

Why STOP the Violence?

- STOP the Violence is a great way to encourage youth to stop bullying.
- Students learn how to recognize, report, and reduce bullying.

Our Plan of Action

- Hand out self-esteem mirrors to students.
- Use projector and hurtful words to take transparency pictures.
- Hand out glow sticks to middle school students to help the “Light Up the Way”

Self-esteem Mirrors

- The mirrors were used to promote self-confidence.
- When students open the mirror they will read the positive message that appears on their reflection.
- By seeing the positive message it will help students see themselves in a positive way.

Self-esteem Mirrors



Handing Out the Mirrors



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Transparency Activity

- This activity helped people visually see what words can do.
- By having the words appear on a person it shows how what others say can stick with people.
- We want to encourage students to be careful what you say to someone because they never know how it will affect that person.

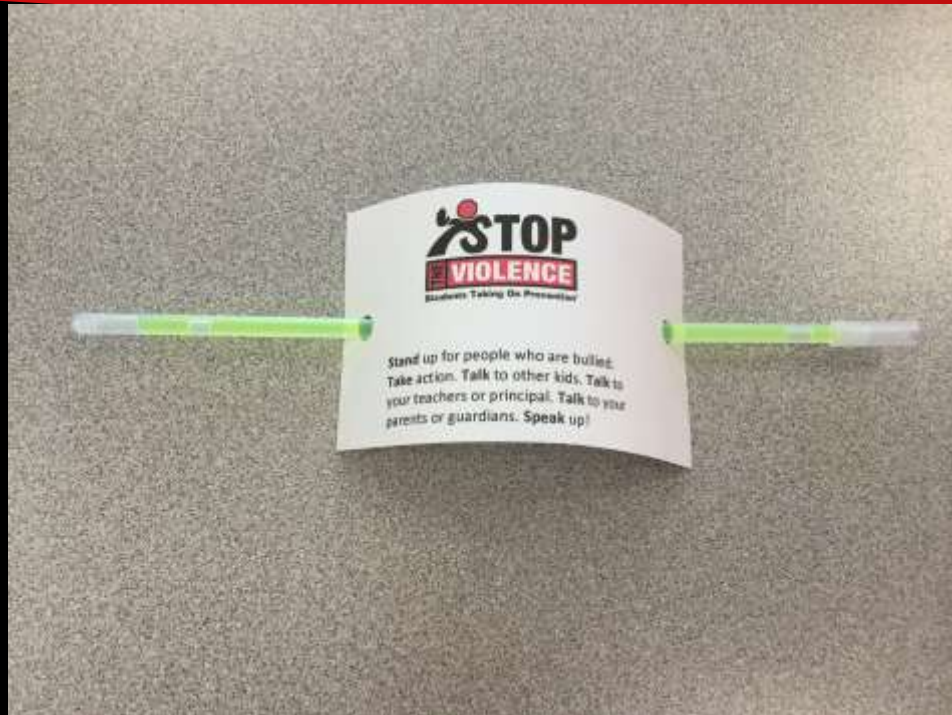
Transparency Activity



Glow Stick Project

- Handing out glow sticks to the middle school students was our way of going outside our school to spread the STOP the Violence message.
- The glow sticks had a card attached that had ways to recognize, report, and reduce bullying, as well as the STOP the Violence logo.
- The glow sticks were a way for students to “Light Up the Way” during dark times.

Glow Sticks



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