



Major Changes in the 2023-2024 Competitive Event Guidelines (State and National Competition)

The following is a listing of the major changes in the 2023-2024 Competitive Events Guides. It is in no way inclusive and participants and advisers should continue to **read the event rules carefully** to ensure eligibility and successful event completion and presentation.

Special Note: This year, the guidelines underwent a comprehensive audit conducted by CEAT and the National FCCLA Staff in order to align the specifications with the rubrics. Nearly all the wording in the rubrics and specifications has been revised for improved grammar, clarification, and other enhancements.

The *Competitive Events Guide* is divided into five different documents. The documents are available to members and advisers through the FCCLA Adviser and Student Portals under the “Resources” tab

- FCCLA Knowledge Matters Virtual Business Challenge Simulation Guidelines
- FCCLA/LifeSmarts Knowledge Bowl Guidelines
- Skill Demonstration Events Guidelines
- Online Challenge Testing (previously with Skill Demonstration Events)
- STAR Events Guidelines

These resources, provided for members and developed with funds from membership dues, are available to advisers and members through the FCCLA Adviser and Student Portals. Beginning November 1, the Competitive Events Guides will only be available to affiliated chapters and members.

STAR Events

The following events have been updated to reflect changes per level (scaffolding) as submitted by state associations. These events have multiple revisions in addition to updated rubrics. Please be sure that members understand their level of competition (1, 2 or 3). They are:

- Early Childhood Education (Levels 2 – 3)
- Fashion Construction (Levels 1 – 3)
- Fashion Design (Levels 2 – 3)
- Focus on Children (Levels 1 – 3)
- Hospitality, Tourism and Recreation (Levels 1 – 3)
- Interior Design (Levels 1 – 3)
- Job Interview (Levels 1 – 3)
- Leadership (Levels 1 – 3)
- Say Yes to FCS Education (Levels 1 – 3)

New STAR Events

New Event Levels Added – National FCCLA has added the following to the existing event levels: Early Childhood Education Level 2; Fashion Construction Level 1; Hospitality, Tourism & Recreation Level 1; Job Interview Level 1; Leadership Level 1; and Say Yes to FCS Education Level 1.

Red Talks on Education (Online STAR Event) – An individual event recognizing participant(s) who prepare and deliver a TED Talk–style presentation on an education related–topic based on the annual scenario.

General Changes

New Look – The guidelines have been re-formatted to a 7-column system. We hope this change makes the guidelines more readable and approachable to both members and advisers.

Dress Code –

- In order to promote equity and professionalism, the use of costumes is no longer permitted. Only the FCCLA official dress or chef attire (when applicable) is permitted.
- Dress code has now been added to the Point Summary Form. Points were previously given in the rubrics with body language.

Dates and Deadlines – A central place on the website for all the national Competitive Events Dates and Deadlines has been added. The link for this webpage has been added to all events for easy access.

Course Requirements – Baking & Pastry, Culinary Arts, and the three state-only culinary events (Chicken Fabrication, Classic Knife Cuts, and Culinary Arts Exhibit) will continue to require that only members enrolled in one or more of the following Virginia courses are eligible to enter these events at the state competition: 8272 - Catering/Banquet Specialization, 8273 - Quantity Food Specialization, 8274 - Restaurant Operation Specialization, 8275 - Culinary Arts I, 8276 - Culinary Arts II, and/or 8279 – Baking & Pastry Specialization. In addition, students enrolled in 8250/824 - Introduction to Culinary Arts may enter the three state-only culinary events.

Project Identification Page –

- Language was added that states “Page can be up to 18 ½” x 11” page or 1 slide, but cannot be larger.”
- Participants level is now required to be included.
- Removal of the requirement that the project identification page had to be on plain paper or slide, with no graphics or decorations.

Point Summary Form – The following point adjustments have been made.

- Registration Packet – 1 point (previously 3 points). This requirement will be satisfied for state competition when the adviser picks up their chapter’s packet during designated registration times at the state conference.
- Event Online Orientation – 1 point (previously 2 points). This point will be automatically awarded for state competition. There is no participant orientation for state competition.

Event Specific Changes

Baking and Pastry & Culinary Arts –

- Removal of the time management plan. Participants are still able to use one, but one is no longer required or will be scored. Chapters with participants in the state competition will receive the competition menu/recipes at least four weeks prior to the event.
- Points for cleaning up have been added to the rubrics. Additional time to clean up has also been made.

Culinary Math Management –

- Due to low participation numbers, Culinary Math Management will not be offered during the 2023-2024 school year. National FCCLA is working on new ideas to provide members opportunities to showcase their culinary math skills.

Event Management – Timeframe has been added as a component on the rubrics.

Fashion Construction –

- A skill selection chart has been added.
- Skill Area Rubric Changes
 - Removed: Sheer Lace or Fabric Overlay, Napped Fabric or One-Way Print, Knit Fabrics.
 - Added: Elastic/drawstring casing, Matching plaids or striped fabrics, Embroidery-hand/machine.

Fashion Design –

- Removed the requirement that it needs to be a flat pattern.
- Added 5 minutes to the oral presentation.
- Rubric Additions/Removal
 - Added: Pattern Instructions and Collection Sample Photo
 - Removed: Target Retailer and Pricing

Hospitality, Tourism and Recreation – Clarification to include both Airbnb’s and food trucks as options.

Interior Design –

- Standardized the Planning Guide - It is no longer required to use, purchase or meet NBKA Kitchen and Bathroom Planning Guidelines.
- Furniture arrangement is now labeled space planning.

Repurpose and Redesign – Added the option for welding.

Sports Nutrition – Clarified the participant cannot be the student athlete. Previously said “should not”.

Skill Demonstration Events/Online Challenge Tests

Please note these additional competitive opportunities offered by national FCCLA. These are not part of STAR Events and do not take place at the state conference.

Online Challenge Tests have been removed from the Skill Demonstration Events Guidelines and now are in their own separate guidelines. Online Challenge Tests will still take place prior to the National Fall Conference (NFC) and receive recognition during National Fall Conference.

New Event – Lesson Plan Development and Modifications has been added to the Skill Demonstration Events Guidelines and will take place at the 2023 National Fall Conference in Birmingham, Alabama.

Skill Demonstration Events/Online Challenge Tests at the National Leadership Conference – A select few Skill Demonstration Events and Online Challenge Tests will be offered during the 2024 National Leadership Conference in Seattle, Washington. Participants are permitted to take part in both a Skill Demonstration Event/Online Challenge Test and a STAR Event. However, please note that National FCCLA will not accept any schedule requests or accommodations. It is solely the responsibility of the Chapter Adviser and the participant to coordinate and choose a Skill Demonstration Event/Online Challenge Test that occurs on a different day than their STAR Event.

Please read the 2023 – 2024 event rules carefully to ensure eligibility and receive the highest possible points.

For additional clarification of any of the rules in any of the Competitive Events Guides, please email competitiveevents@fcclainc.org